

Be. the centre for wellbeing

1 Day Accredited Managing Mental Health in the Workplace for Managers

Monday 8th January 2018

Please use link below to book

<https://www.eventbrite.co.uk/e/1-day-accredited-managing-mental-health-in-the-workplace-for-managers-training-tickets-38817126069>

Thursday 8th March 2018

Tuesday 5th June 2018

Wednesday 26th September 2018

Wednesday 5th December 2018

Please use link below to book

<https://www.eventbrite.co.uk/e/1-day-accredited-managing-mental-health-in-the-workplace-for-managers-training-tickets-40901506507>

SafeTALK Suicide Alertness

Thursday 17th December 2017 1.30pm - 4.30pm

Please use link below to book

<https://www.eventbrite.co.uk/e/safetalk-7th-december-2017-1330-1630-tickets-39006794372>

Wednesday 21st February 2018 9.30am - 12.30pm

Wednesday 18th April 2018 1.30pm - 4.30pm

Thursday 21st June 2018 9.30am - 12.30pm

Wednesday 23rd August 2018 1.30pm - 4.30pm

Wednesday 17th October 2018 9.30am - 12.30pm

Thursday 6th December 2018 1.30pm - 4.30pm

Please use link below to book

<https://www.eventbrite.co.uk/e/safetalk-suicide-alertness-tickets-40902533579>

Mental Health First Aid for Adults 2 Day

Wednesday 17th & Thursday 18th January 2018 9.30am - 5pm

Please use link below to book

<https://www.eventbrite.co.uk/e/mental-health-first-aid-adult-2-day-training-tickets-39329304007>

Wednesday 25th & Thursday 26th April 2018 9.30am-5pm

Please use link below to book

<https://www.eventbrite.co.uk/e/mental-health-first-aid-adult-2-day-training-tickets-40906324919>

Emotional Resilience Workshop

Tuesday 20th March 2018 9.30am - 12.30am

Wednesday 18th July 2018 1.30pm - 4.30pm

Please use link below to book

<https://www.eventbrite.co.uk/e/emotional-resilience-workshop-tickets-40903750218>

Sally Allan Fund Mental Health Awareness **Free Training**

Thursday 1st February 2018 9.30am - 10.30am

Tuesday 15th May 2018 5.30pm - 6.30pm

Wednesday 10th October 2018 5.30pm - 6.30pm

Please use link below to book

<https://www.eventbrite.co.uk/e/sally-allan-fund-mental-health-awareness-free-training-tickets-40904352018>